

Creative Families @ Home



Dreamcatcher



What is a dreamcatcher?

In some Native American cultures, a dreamcatcher is a handmade willow hoop, on which is woven a net or web. The dreamcatcher may also include sacred items such as certain feathers or beads.

What you will need to make a dreamcatcher

A paper plate
String/wool
Scissors
Felt tips
Beads
Feathers

How to make a dreamcatcher.

1. Cut out the centre of your paper plate to create a hoop shape.
2. Make small holes every 3cm in the centre of your hoop.
3. Thread different coloured wool in and out of the holes to create a web or net effect. You could also thread beads onto the wool as well.
4. Make one hole in the outer circle of your hoop which will form the top of your dreamcatcher. Thread some wool or string through the hole, so you will then be able to hang your dreamcatcher up.
5. Make three holes about 4cm apart at the bottom of your dreamcatcher.
6. Thread 3 lengths of wool or string (around 30cm) with beads and feathers.
7. Tie each length of wool/string to one of the three holes.
8. Decorate the hoop with colourful patterns using felt tips.
9. Dreamcatchers can also be made using old CDs.

Please supervise children at all times with scissors.