

Ideas for the under 2's

Communication, Language and Literacy

Nursery Rhyme Basket



Make up a nursery rhyme basket with a selection of different items that you have in the house, link these to a rhyme or song. Let the child choose the item and sing the song with them.

For example, a Christmas Star for 'Twinkle, Twinkle' or a wooden spoon for 'Pat a Cake'.

Maths

Counting



Get a small tray or bun tray. Place a selection of balls or other small items into a bowl or bucket and place an ice-cream scoop or large spoon alongside.

Encourage your child to scoop the balls into the tray as you count with them 1-5.

Physical

Balloon Play



Balloon play is fun and exciting. If you have a few balloons, blow them up in various sizes. Let your little one explore them by holding them, throwing them in the air and trying to catch them.

Emotional and Mental well-being

Share Books and Stories



Share books and stories together. Sit and look at the images and talk about what you see, saying key words.

Give your child time to talk or babble as well. Enjoy the time spent together.