

# Ideas for the under 2's

## Communication, Language and Literacy

### Go out in the Garden



Let's go out in the garden

Take your child out in the garden or when you are going out for your walk.

Look around with your child and listen to the sounds that you can hear.

Point if you can see what is making the noise and say the word to your child.

Can you hear a bee buzzing, a lawnmower, birds singing, cars going past.

## Maths

### Counting Bun Cases



This is such a fun activity which can build on your child's concentration skills. If you have a bun tray add in paper bun cases with your child. Then find items that are safe to add into the bun cases.

Count as you place the items into the cases with them, 1, 2, 3, 4, 5,

Well done!!

## Physical

### Roll the ball



Sit with your child with your legs out opposite them and encourage them to do the same.

Roll the ball to your child with a Ready, steady, go!!!

Encourage them to roll the ball back to you.

## Emotional and Mental well-being

### Playing in water



Children love playing in water.

Now the weather is getting warmer you can do this outside or inside.

Get a small washing up bowl or a few small bowls together and fill with warm water and a few bubbles.

Let the babies splash in the water or add a few items for them to explore.

Always stay with the babies and toddlers near the water.