

Ideas for 4-5's

Communication, Language and Literacy

Binoculars for an adventure



Make your own binoculars, then wrap up and go for an adventure. Use your binoculars to look at the world in more detail. A trip the woods, searching for animals, birds and insects through the eyes of your little explorer.

Maths

Number Cups



Stacking numbers cups can be used in a couple of ways, firstly to sequence number for 1-10 as pictured above, or you could extend the child's knowledge of larger numbers by asking the child to make higher values of numbers.



Stack cups to make 372

This will all more challenge and support the child to recognise individual numbers, not numbers learnt by rote.

Physical

Spider web run



Drape paper streamers, string or wool in passages or on a door frame. This a fun way to get your little spider people to think about moving their bodies through the spiders web.  

Emotional and Mental well-being

Ice painting



Freeze water in a large bowl or tray. Allow your little ones to paint the surface and talk about whats happening as the ice melts and the colours slip away and merge into each other.

This can be a very calming experience.