

# Ideas for 4-5's





## Communication, Language and Literacy

### Simon says

Say 'Simon says', followed by an action. The children should then copy that action.

Say an action without saying 'Simon says' first. Anyone who does the action is out.

Actions could include:

-  rub your tummy
-  scratch your nose
-  run on the spot
-  jump up and down.



Play 'Simon Says' outside with bigger actions, such as 'Simon says run to the fence' or 'Simon says take five big jumps forward'.

The activity supports listening and attention skills and responding to what they hear.

## Maths

### Counting



Make counting fun outdoors

Encourage the children to count the spoons of sand or mud into the cups.

Talk about and use numbers beyond 10.

## Physical

### Experimenting with Ice

Freeze small objects in a container and enjoy watching your children dig them out and practice their manipulative skills, they will show a preference in the dominant hand and practice pre-writing skills...

You can use spoons, brushes etc to help dig out those toys.



## Emotional and Mental well-being

### Wand Making

Collect sticks/twigs in your garden or when you are out walking. You can decorate these with paint and ribbons

Let the children act out.

Make magic happen waving the wand.

