

Ideas for the under 2's

Communication, Language and Literacy

Exploring the Ice



Put the water in the freezer over night so it is ready.
Place it in a bowl or on a tray when frozen for the children to explore with their hands.
Add animals if you want to or have any.
Talk about how the ice feels, is it cold, hot, soft, spikey, wet?
Introducing lots of new words

Maths

Let's Have a Tea Party



It is all ways fun to have a tea party with your teddies.
Put a blanket out on the garden or in the room with a selection of teddies with cups and saucers and teapot.
Count the cups, count the teddies together.
Feed the teddies.

Physical

Indoor/Outdoor Water Play



Are they starting to stand on their own or toddle?
Sit in front of them with space between you as they stand and encourage them to walk towards you.
Give them lots of praise, clapping, smiling.
It will encourage them to keep going and start to walk independently.

Emotional and Mental well-being

Gloop Fun



If you mix cornflour and water together it will make Gloop which is soft and wet. It is a good way of introducing children to a sensory experience that is easy and simple. Put it in a tray or bowl for them to explore with you. (never leave children alone)