

# Creative Adults @ Home



## Kumihimo



Kumihimo is an ancient Japanese form of braiding using multiple strands of cord and/or ribbon. Kumihimo braids are very popular for bracelets but can also be used in necklaces. Different designs and patterns are possible by changing your braiding material, varying the thickness or number of your strands, using a round disk versus a square plate, and also by adding beads to your kumihimo braid.

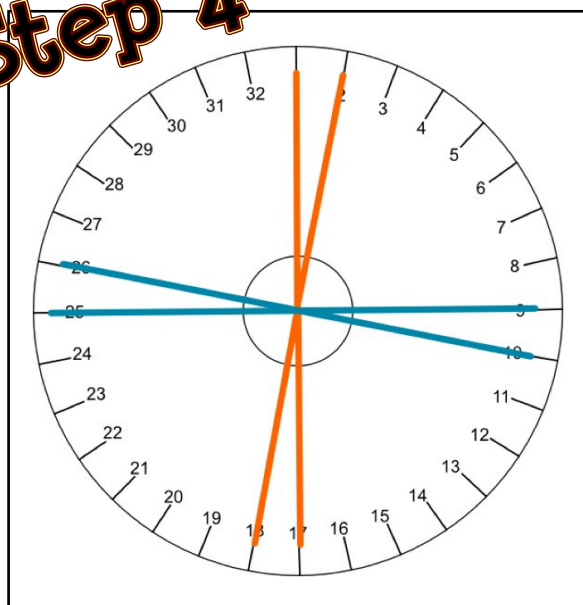
### What you will need to make a kumihimo bracelet

A kumihimo disc (there are templates available online to make your own out of cardboard).  
Cord e.g. ribbon, wool, satin cord, embroidery thread.  
Scissors  
Cotton  
Strong glue e.g. E6000, super glue, glue gun.  
Jewellery making pliers.  
Jewellery findings to finish your bracelet i.e. kumihimo end caps, jump rings, fastenings, chain extenders.

### How to make an 8 warp kumihimo bracelet

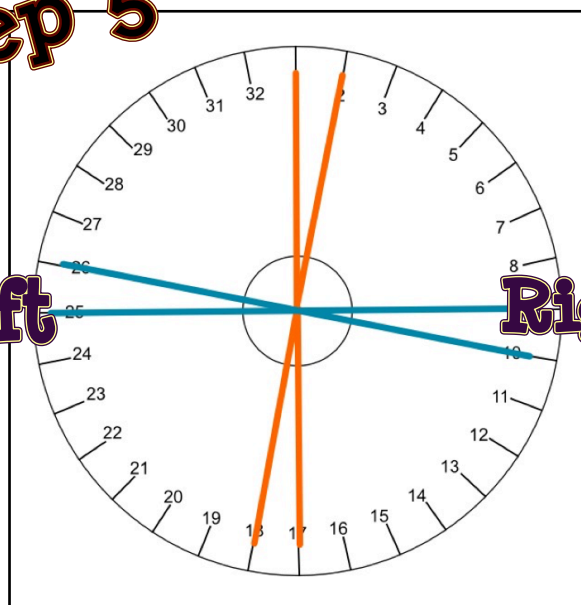
1. Cut 8 lengths of your cord for the bracelet. Allow 8cm for every 1cm of your bracelet length.
2. Gather all eight cords together and tie a simple overhand knot at their ends, to hold them together.
3. Holding the board face up, thread the knot downwards through the centre hole.
4. Slot the cords into place (see diagram on page 2).
5. Divide your disk into two halves, the left and the right.
6. On the left half take the bottom left cord and place it to the left of the top left cord.
7. Take the top right cord and place it to the right of the only cord on the bottom of the disc.
8. Turn the disk to the next set of cords. **Tip: Always turn the disc in the same direction.**
9. Turn the disc and continue the same pattern over and over. **Tip: If you need to take a break, place your cord in step 6. You will then be able to return to the disc and know that step 7 is next.**

## Step 4



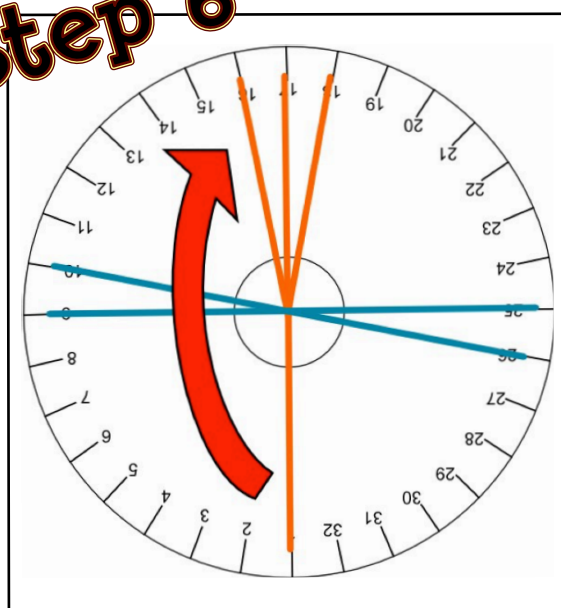
## Step 5

Left

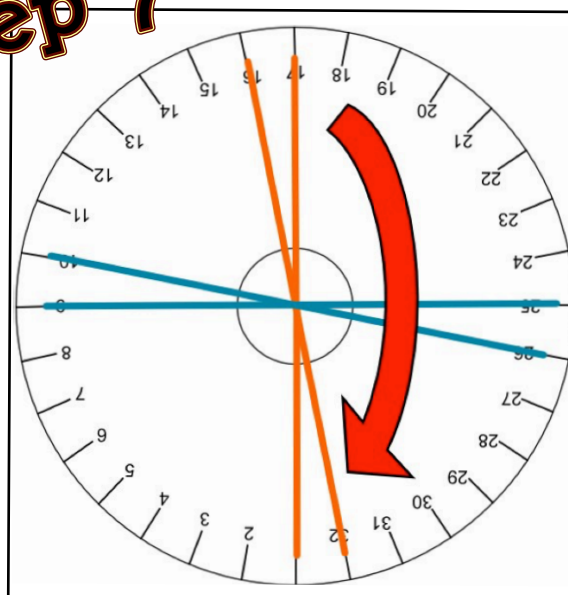


Right

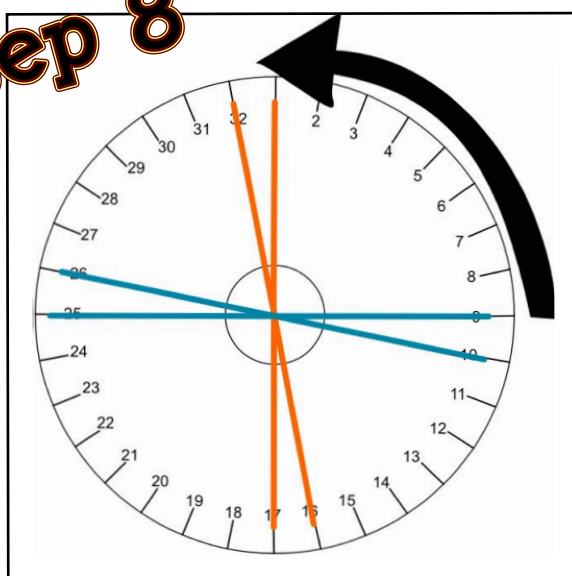
## Step 6



## Step 7



## Step 8



When you have completed your cord, remove it from the disc. Secure the loose cords by wrapping them tightly with cotton. Cut off the loose cords, above the cotton. Now you can add your jewellery findings to create your bracelet.

Take a look at this website for how to turn your braid into a bracelet;

<https://beadaholique.com/products/how-to-tie-off-and-finish-kumihimo-braid-ends>