

# Ideas for 4-5's

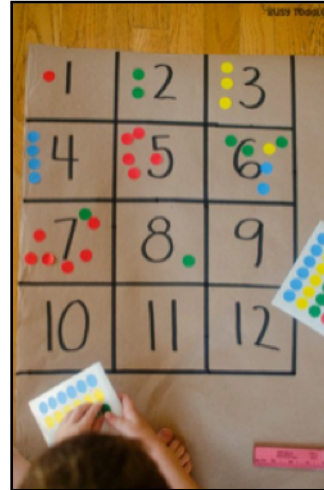
## Communication, Language and Literacy

### Let's talk!!



Can you find old cups, plastic party cups and some string or wool.  
Make your own telephone by tying string through a hole at the bottom and share with your friend.  
Lots of fun to talk and listen to each other.  
(Always remember safety when using string)

## Maths



Find a large piece of paper or old wallpaper and draw a grid with numbers. If you have stickers, use those or use buttons even pom-pom's. Match the items to the number.

## Physical



Let's get walking to school.  
Lots of fun to walk to school together and it keeps you healthy.  
Join in with your friends and family.  
Happy walking.

## Emotional and Mental well-being



Washing dolls or teddies can be lots of fun.  
Find a bowl, add some bubbles and wash the doll or teddy. Talk about how we care for ourselves.  
(Always remember water safety with children)