# Ideas for 4-5's

## Communication, Language and Literacy

## Minibeast Hunt

Were going on a bug hunt in the garden. You can talk about what you find.

Talk about colours.

Talk about bees make honey

Talk about how they move.

#### Garden minibeasts



#### Maths

## What Numbers can you See

Walk round your local environment and see what numbers you can spot, on buses, cars, road signs, door numbers etc.



#### **Physical**

## Bouncing Balloons on a Sheet



Bouncing those balloons up in the air, let the children focus on keeping them on the sheet. Lots of fun chasing the balloons.

## Emotional and Mental well-being

## Make Your Own Emotional Wheel

Emotion Wheel is a simple way for children to recognise and name their emotions. It can help them to tell you how they're feeling, even when they're not sure how to explain it in words.

