

Ideas for 4-5's

Communication, Language and Literacy

If you have a large piece of paper or you can use old wallpaper on the floor.

Find a variety of shapes in the house, wooden blocks if you have any and draw round them. Ask if they can match the shape to the correct shape on the paper which can take some thinking about.

Talk about the different shapes they match and see.

Talk about where you may see those shapes when you are out on your daily walk.

Would be on a house, a building?

Play with Shapes



Maths

Spiders web



Can you make your very own spiders web?

Find a basket, string or wool, pegs and you can draw your own spiders and cut them out.

Thread the wool or string through the holes backwards and forwards to make your web. Place your spiders inside.

With your peg see how many spiders you can pick up. You could time yourself and play alongside someone to see how many they can get too. Can you grab your spiders without touching the wool or string.

Physical

Hopscotch



Everyone loves a game of Hopscotch. Mark out the squares and add in the numbers together. Show them how to jump on the squares and say the numbers at the same time. Can you go backwards as well? Lots of fun!!

Emotional and Mental well-being

Making a Spiral

Draw your spiral and decorate it how you want it. Then cut the spiral out, make a hole in the centre and tie a piece of string to the length you would like it.

You can hang it in the window or in the garden. You could colour it in like a rainbow.

