

Ideas for 4-5's

Communication, Language and Literacy

Initial Sounds Hunt



Hunt around your house for items that start with the same 'sound' (letter).

Try hunting for things which start with the same sound as your child's name to start with, for example...

'M' for Mohammed: can you find some money, a mop, a mug or a mat?

'P' for Penny: can you find a pencil, paper, the colour purple or a peg?

'T' for Thomas: can you find a table, the toilet, a tap or a tray?

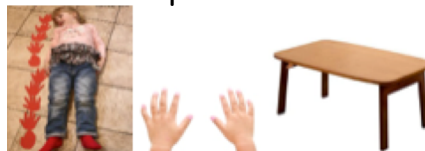
Maths

Bigger or Smaller

Start by moving round the house or garden finding things that are 'bigger' and then 'smaller' than your hand.

Every time you find something that is bigger than your hand shout '**bigger**'.

Every time you find something that is smaller than your hand whisper '**smaller**'.



Then start 'measuring' things with your hands. How many hands tall are the table legs? How many hands wide is the sofa? How many hands tall is your child? What is the tallest thing in the house? How many hands tall is it?

Physical

Try a Scavenger Hunt Together

BACKYARD SCAVENGER HUNT

- ☐ a bucket
- ☐ something prickly
- ☐ 3 kinds of leaves
- ☐ something yellow
- ☐ a seed
- ☐ something you can eat
- ☐ 2 sticks
- ☐ something that smells good
- ☐ a bug
- ☐ something round
- ☐ a weed
- ☐ something smooth
- ☐ something green

Use the chart above or make your own.
Can you find everything on the list?

Emotional and Mental well-being

Make a Gift



Make a card or create a picture for someone you know or love. This could be a relative or a neighbour.

Tell your child that receiving things like this makes other people very happy.

Take your time to draw, colour or paint together and talk about the marks and images that you make. Praise all efforts.

Post the picture or card when you go out for your daily exercise or if you can't get out show it to your relative during a video call.