Ideas for the under 2's

Communication, Language and Literacy

Crayons and Paper



Get the crayons and paper out and let them explore and make marks on the paper. Talk about what they are drawing and give them lots of praise how good they are and I like what you have drawn there.

Maths

Exploring Together



When your child is exploring their toys there are lots of opportunities to sit with them, chat alongside them, looking at the toys.

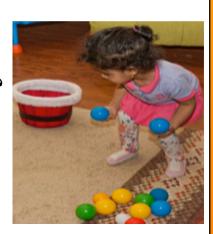
You can introduce simple numbers, positions, names.

Time spent together!!

Physical

Let's Transfer

Have you got a few balls and a bucket or different containers? It is good fun to transfer the balls in and out of the buckets or different containers.



Emotional and Mental well-being

Sensory time



Babies love to be able to move around. Give them time to stretch out, roll over and spend time on their tummies.

Place their toys near them to explore and look at.

Talk to them and smile, they will follow your facial expressions and try to copy you.

