

# Ideas for 4-5's

## Communication, Language and Literacy

### Let's dress up



Sort out those hats, bags, scarves, shoes and sarongs to allow your children to dress up. Authentic, real items encourage conversations you can talk about different textures and how things feel, soft, hard, rough. This will enable children to be curious about real objects and items within your home.

## Maths

### Make Water Wall

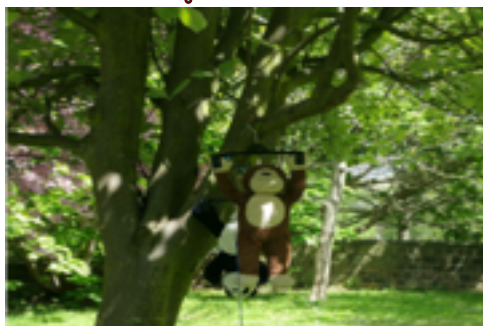


Using empty plastic containers bottles, milk cartons etc. Secure the bottles onto a fence or gate to create your water wall. Get a bucket of water, jugs funnels and pour.

Developing **math skills** and estimating how many small pots of water it takes to fill a large bucket. They may be exploring measurements on the side of a jug and learning mathematical terms like "more than" or "less than".

## Physical

### Zip Slide



Create your own zip slide using a washing line and a coat hanger for trousers, all you need is your favourite cuddly toy.

Let your children run alongside the zip slide.....

You can take this out with you on a walk in the woods.

## Emotional and Mental well-being

### Making New Memories

Put on your favourite tunes and dance, be silly, copy and replicate your child's movements, this empowers and builds their confidence. Enjoy this time together and make new memories.

