

Ideas for the under 2's

Communication, Language and Literacy

Signs



Teaching your child simple signs.
They will soon pick up the hand movements
that you make if you repeat them.

Maths

Ice-cream Scoop Counting

Get a small tray or bun tray.
Place a selection of balls or other small items
into a bowl or bucket and place an ice-cream
scoop or large spoon alongside.



Encourage
your child to
scoop the
balls into
the tray as
you count
with
them 1-5.

Physical

Fun with a Ball



All children like to explore with a ball.
Show them how to hold it above their heads,
touch the floor, roll it to you.
All this is supporting their physical development
and lots of fun.

Emotional and Mental well-being

Song Basket



Make up a nursery rhyme basket with a
selection of different items that you have in
the house, link these to a rhyme or song.
Let the child chose the item and sing the song
with them.

For example, a Christmas Star for 'Twinkle,
Twinkle' or a wooden spoon for 'Pat a Cake'.