

# Ideas for 4-5's

## Communication, Language and Literacy

### Fairy/Zombie Soup

Fairy/zombie recipe:

Flowers/leaves etc

Water

Pink or green food colouring

Add a splash of milk

Leave overnight so that the fairies and zombies can enjoy.

Then let your children tell their own imaginative stories.



## Maths

### Let's get Cooking



Follow a simple cake recipe and add some fresh fruits, blueberries, strawberries etc, push the fruits into the batter and bake.

Maths skills - weighing, measuring, mixing, timing, and sometimes even estimating. Your child will be using lots of mathematical skills in their baking and probably won't even realise it!

**(always supervise children with a hot oven)**

## Physical

### #grassmotorskills

#### GARDEN YOGA FOR KIDS



**#physicaldevelopment**  
Inspire your children  
to exercise  
And stretch.

## Emotional and Mental well-being

### How to Grow a Carrot Top

Children feel a great sense of achievement when they have responsibility to grow something of their own, nurture it, watch the changes and see how it blossoms.

