

# Ideas for 4-5's

## Communication, Language and Literacy

### I-Spy



On a tray have a wide selection of objects and take it in turns to guess the object.

I-spy with my little eye something beginning with D

Help your child pronounce the first letter of the object if they need support.

## Maths

### Number Hunt



Place numbers around the house in the garden and ask the children to find a number e.g. find me number 11.

The children will be recognising and naming numbers.

Numbers 1 to 20

## Physical

### Blind Man's Buff

Ensure there is plenty of space to play the game and no tripping hazards or sharp objects.

Practice moving around, balance and coordination.

Using their senses.



[#theoldgamesarealways  
thebest](#)

## Emotional and Mental well-being

### Prepare for Starting School



Lets get them ready for going back to school in September. Some children may have had along time off due to the corona virus.

Talk about and be positive and enthusiastic about all the fun things that will happen at school, use their teacher's name so it feels familiar and talk about the new and familiar friends they will see. You'll find plenty of books that bring the school day to life.

[#keeptalkingaboutschooloronlyafewweeksleft](#)