# Ideas for 4-5's

Communication, Language and Literacy

#### Supermarket

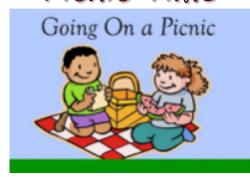
Trolley challenge - keep your kids amused in the supermarket and develop their language skills at the same time.

Every time you put something in your trolley - ask your child to tell you 2 things about it, e.g. banana - 'it's yellow and you eat it'



#### Maths

## Picnic Time



Let the children help prepare the picnic. Encourage estimation
How many sandwiches do we need?
How many pieces of fruit?
How many drinks?
Have fun and sing some number songs on the way.

#### Physical

## At the Car Wash



Practice those ball skills
Cathcing
Throwing
Kicking
Turn taking
How far can you kick it?
How far can you throw it?
In the park or at home ball games are active and fun.

Emotional and Mental well-being

### Potato Superhero



Get creative and let the children create their own superhero.

What is their superhero called? What are their super powers? Let their imagination take the lead.

See if you can find the book Supertato

