

Ideas for 4-5's

Communication, Language and Literacy

Supermarket

Trolley challenge - keep your kids amused in the supermarket and develop their language skills at the same time.

Every time you put something in your trolley - ask your child to tell you 2 things about it, e.g. banana - 'it's yellow and you eat it'



Maths

Picnic Time

Going On a Picnic



Let the children help prepare the picnic.

Encourage estimation

How many sandwiches do we need?

How many pieces of fruit?

How many drinks?

Have fun and sing some number songs on the way.

Physical

At the Car Wash



Practice those ball skills

Catching

Throwing

Kicking

Turn taking

How far can you kick it?

How far can you throw it?

In the park or at home ball games are active and fun.

Emotional and Mental well-being

Potato Superhero



Get creative and let the children create their own superhero.

What is their superhero called?

What are their super powers?

Let their imagination take the lead.

See if you can find the book Supertato