

# Ideas for the under 2's

## Communication, Language and Literacy



Time  
to  
talk

Children love to be spoken to, to watch your facial expressions as you talk. Spend time facing each other and have a chat. Give them time to reply to you. Enjoy your conversation together.

## Maths

### Clean their teeth

It is really important to begin to clean their teeth from when the first ones appear. Talk whilst you clean them together, counting their teeth, letting them have a go afterwards. Brush your teeth, 1,2,3. Make them nice and clean.



## Physical

### Helping get dressed



Encourage the child to help with getting dressed. Give them time to place their hands through the sleeves, holding their arms out to put on their coat.

## Emotional and Mental well-being

### Sunday 14th March



Celebrate the special person in their life with the children.

Get paper, crayons or paints ready. Let them create with the materials, they could make a picture. They will have lots of fun and enjoyment.

Exciting for the person to receive from the child.