

Ideas for the under 2's

Communication, Language and Literacy

Colour Hunt



You are introducing them to different colours that are all around when out and about. Talk about what you see, what it is and the colour.

Look at a selection of different things on your travels of the same colour.

They will soon be showing you the colour.

Maths

Balloon Race



Balloons are always lots of fun!!

Have a selection of balloons and a large bag or box.

They can run to put each balloon in the bag and see how many they can get inside before they start to float out.

(never leave children unattended)

Physical

Hide and Seek



Children love to find places to look like they are hiding and it is good fun to start introducing them to different games you can play together. A good place to start is in the garden and just count to 5!!

Emotional and Mental well-being

Having Time Together



Children love to sit with you at the table or when you are eating.

Make time to sit together and have a chat.

Talk about what you are eating, what you have been doing in the day.