

Ideas for 4-5's

Communication, Language and Literacy

Making super heroes



Make a few rolls with paper and glue and paint. Look at images of your favourite super heroes and create your own. Then you can make up a story together.

Maths

Brick Lego



Do you have building bricks or lego? Make a few cards with the same colours as the bricks in different orders. They can look at the card and follow the pattern counting the bricks.

Physical

Obstacle course



Can you find a few items to make a small obstacle course with balls and hoops? Set the children off to complete the course. It is lots of fun and gets the heart pumping.

Emotional and Mental well-being

Making pictures



Spending time creating pictures makes everyone feel good. Using a selection of different papers, glue and items to stick is lots of fun. You can create a picture together.