

Ideas for the under 2's

Communication, Language and Literacy

Blowing Bubbles



All children love blowing bubbles, watching them and trying to catch them.

Blow the bubbles and encourage them to pop them with their hands or chase them around.

Say the words Pop, pop, pop as they catch them.

Maths

Bun Tray Colours



This is such a fun activity which can build on your child's concentration skills and develop their understanding of colours too

If you have a bun tray add in different coloured paper in the bottom.

Talk about the colours together and go on a hunt around the house for items of the same colour.

Then match them to the correct colour in the tray.

Count as you place the items into the cases with them, 1, 2, 3, 4, 5,

Well done!!

Physical

Can We all Move Together



Encourage your child to follow your movements. Can you stand up tall, can you bend your knees, can you touch the floor, can you wave your hands in the air?

Children love to follow your instructions and make their own up which you can follow!!

Emotional and Mental well-being

Looking After Baby or Teddy



Do they have a dolly or teddy and a blanket?

Encourage them to wrap baby or teddy up in the blanket and make them cosy and happy.

Is baby/teddy going to sleep? Sshhh!!

Do we have to be quiet?

Also you could gently sing Rock-a-bye baby or miss polly had a dolly together.

Or does Teddy like Teddy bear, teddy bear turn around.

Taking care of others and be kind.