Things to try at home with your children this week 10.08.2020

# Ideas for 2-3's

#### Communication, Language and Literacy

## Making Floor Shapes



Make lots of shapes on the floor together. Can they find the circle and jump inside? Can they find the blue square? They can then ask you to find the shapes?

#### Maths

## Numbers



Make a caterpillar with circles and make the numbers to match.

Can they match the numbers to the right circle on the caterpillar?

### **Physical**

## Can You Crawl Like an Animal



This activity develops coordination, balance, and strength as the children try to imitate the movements of animals.

Emotional and Mental well-being

Sensory Play Shaving Foam



Sensory play is calming for children, as it helps them regulate their feelings.

Sensory play can calm a child who is anxious and frustrated.

lots of fun, messy play.

