

Ideas for the under 2's

Communication, Language and Literacy

Whisk fun



If you have a whisk in the kitchen, make sure it is safe to use.

If you have pom-poms place them inside the whisk. If you do not have any then you can use scrunched up paper inside.

Talk about size, colours, the feel of the pom-poms or paper.

They will want to do this over and over again.

Maths

Dotty Tray



This is so much fun for little ones. And they will concentrate for ages.

Find some large stickers, stick them to the highchair tray

leaving one edge slightly off the tray.

Show them how to pick them off using their fingertips.

Talk about the colours and shapes or pictures.
(never leave child alone with materials)

Physical

Let's Explore



If they are starting to stand up or sit up on their own, try making sensory bags to place on the wall.

Place interesting items inside with a little oil or water.

They will love to explore them with their hands.

(never leave children alone)

Emotional and Mental well-being

Reading Together



It is a lovely way to spend time together relaxing.

Introduce them to books with images, sensory, board books. Look together, talking about what you see.

Make it enjoyable and when they are happy and settled.

Quality time together.