

# Creative Adults @ Home



## Origami Flowers



### Origami Kusudama Flowers

Kusudama (translated as 'medicine ball') were traditionally used as incense and potpourri, from real flowers or herbs. Decorative kusudama are made by using folded paper origami units glued together.

### What you will need to make your flower.

5 pieces of thin paper (15cm by 15cm squared) If you do not have origami paper you can use wrapping paper, coloured paper, old book pages, magazines, leaflets. Tip: Measure and cut your squares accurately.

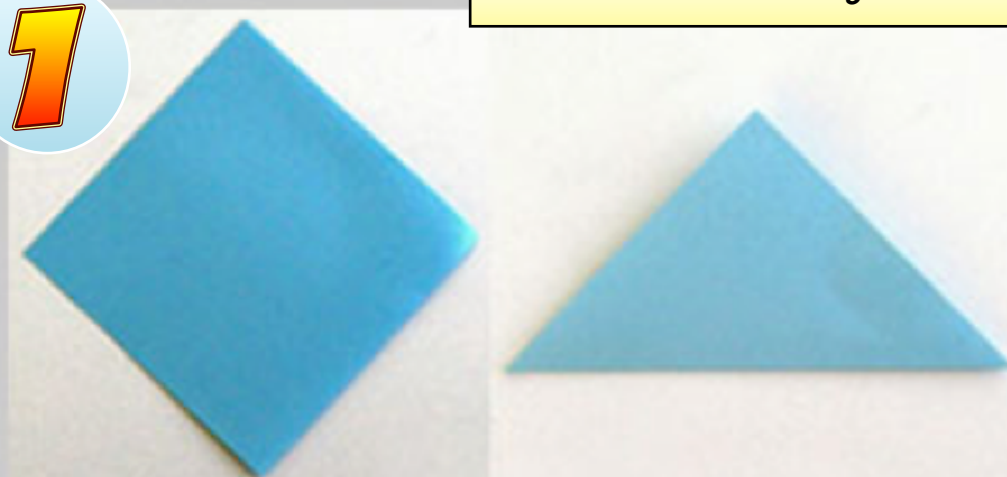
Pencil, ruler, scissors

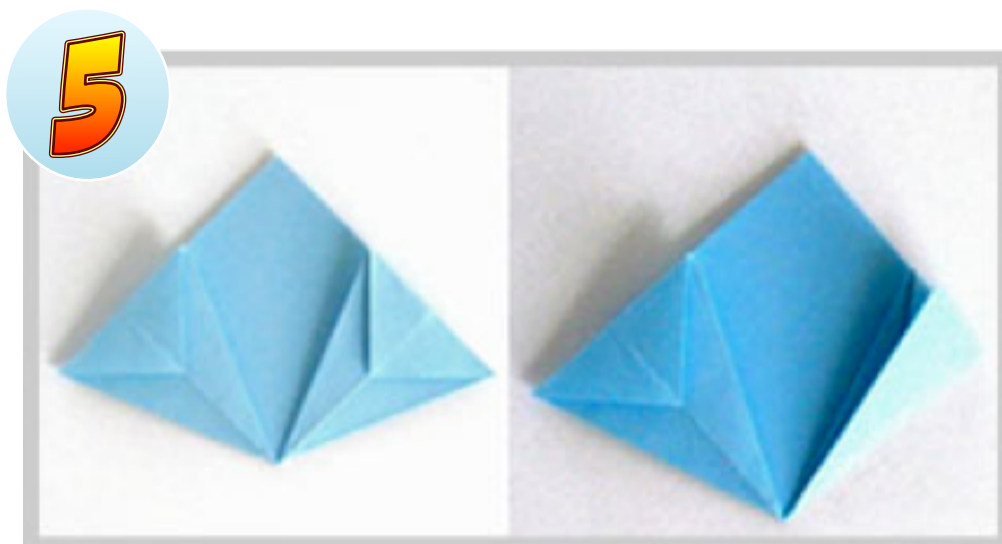
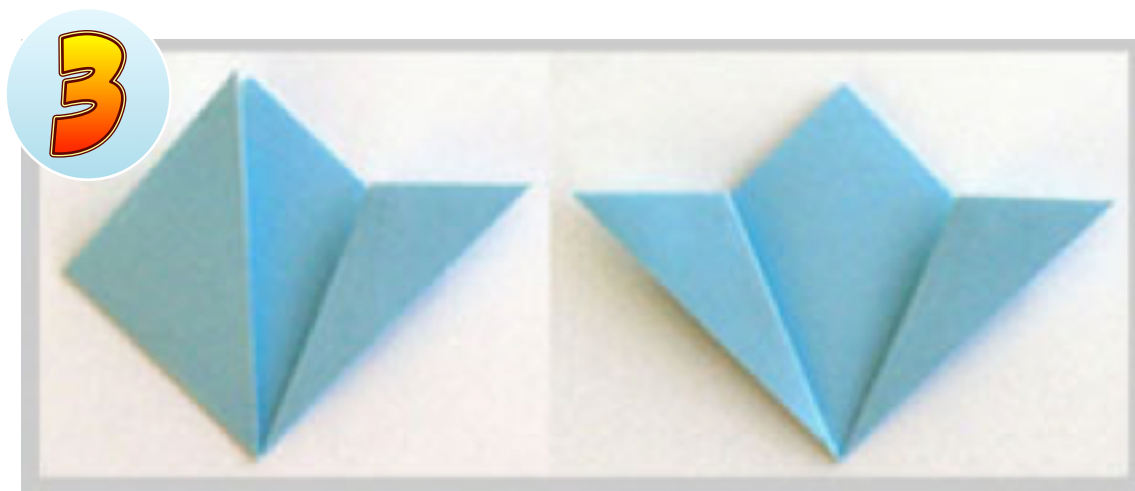
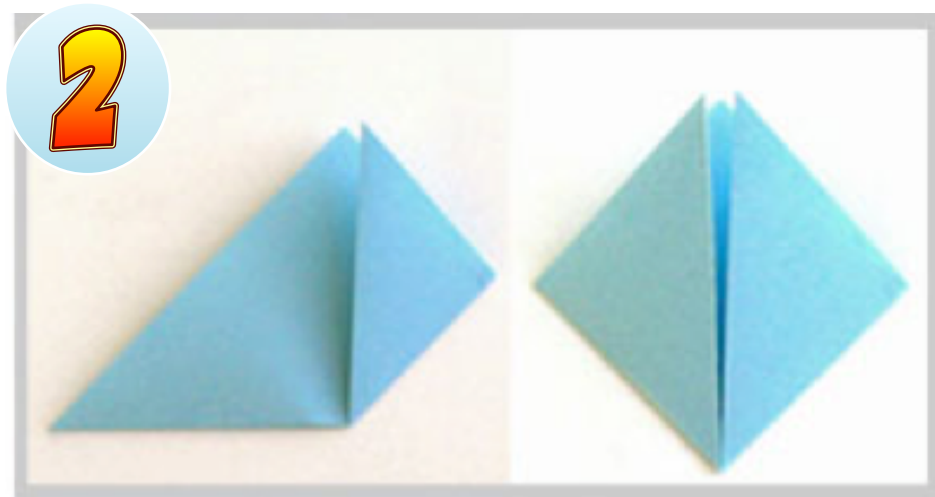
Double sided tape or strong glue.

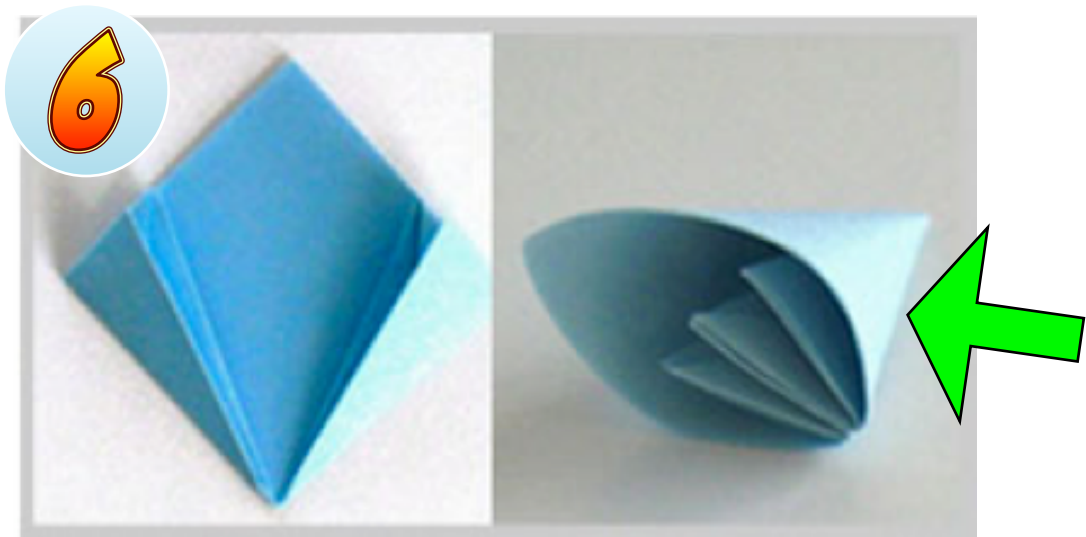
Dowel, skewer, florists wire (if you would like your flower to have a stem.

Buttons, beads to embellish.

### How to make an origami flower.







You will need to fold 5 petals for each flower. Join your petals together at the crease (see the arrow).

You can glue buttons or beads into the centre of your flower.

If you would like your flower to have a stem, use florists wire, a dowel or skewer.

Take a look on [www.pinterest.co.uk](http://www.pinterest.co.uk) for tutorials on how to create a kusudama ball using your flowers.