

Ideas for 2-3's

Communication, Language and Literacy

Play a Barrier Game



Collect some 'noisy' household items like a bunch of keys, a crisp packet and a clicking pen.

Show these to your child, name them and let them listen to the noises they make.

Then place all the items behind a barrier so your child cannot see them, like a large book (or under a cloth).

Choose one item at a time to shake or click etc and see if your child can identify which item you are moving just by listening to the sound they make.

Maths

Let's do some Measuring



Move around your house or garden with your child.

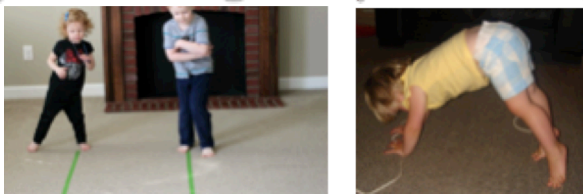
Try to find things that are '**bigger**' than your hand and then things that are '**smaller**' than your hand.

Every time you find something that is bigger than your hand shout '**bigger**'.

Every time you find something that is smaller than your hand whisper '**smaller**'.

Physical

Try Some Tightrope Walking



Make a long line across the floor. Indoors you could use masking tape, electrician's tape, a piece of wool or even a couple of ties.

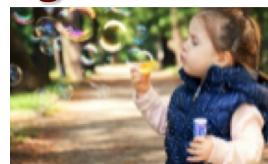
Try using chalk outdoors.

Think of all the different ways you and your child can travel along the tightrope without 'falling off'.

Can do you this on your tip toes? Whilst hopping? Going backwards? Or even back to back with a sibling?

Emotional and Mental well-being

Learning to Take Turns



Do something with your child that involves turn taking.

Like taking turns to blow bubbles with a hoop and a washing up liquid/water solution.

Or take turns throwing a small soft cushion to each other. This is great exercise and brilliant for developing co-ordination skills.

You could even count the throws too!

