Ideas for the under 2's

Communication, Language and Literacy

Let's Sing Together

Babies love to hear the sound of your voice and singing is a lovely way to spend time together.

Sing simple songs over and over again and they will begin to recognise the tune and use the actions.

Incy, wincy spider
Round & round the garden like
a teddy bear.
Pat a cake, pat a cake.
Twinkle, Twinkle little star.
Hey diddle diddle.

Maths

Laundry Basket



Babies love to sort and empty.
With a few clean items in the basket, let them explore the items, putting them in and out, exploring the feel of the materials.
They may even try to climb in!!
(never leave children unattended)

Physical

Climb, Stand, Crawl



Toddlers love to Toddle, climb, stand, crawl upstairs, crawl through spaces.

Support them to crawl upstairs, crawl through different spaces, stand with support, roll a ball to you.

Using all their different muscles.

Emotional and Mental well-being

Who's Looking at You?



Babies are fascinated at their own reflection in the mirror.

Sit alongside them and say, 'Who is it'? Point and say their name.

Play hidey-boo with them in the mirror.