

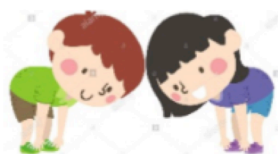
Ideas for 2-3's

Communication, Language and Literacy

Simon says



'Simon says touch your toes!'



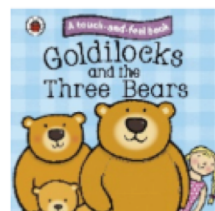
Play a game of Simon Says. This is a really good way to help your child to follow simple instructions for example 'Simon says jump!'

Maths

Goldilocks and the Three Bears

Share the story of Goldilocks and the Three Bears. If you don't have your own copy you could listen online at:

<https://www.youtube.com/watch?v=Rm3JsewQIWw&t=59s>



To add in some maths why not talk about the numbers 1, 2 and 3 of the bears, the bowls, the chair and the beds or talk about the size words, big, middle sized and small.

Physical

Learn to Sing 'Heads, Shoulders, Knees and Toes'

How fast can you go?



Head, shoulders, knees and toes,
Knees and toes

Head, shoulders, knees and toes,
Knees and toes

And eyes and ears and mouth and nose

Head, shoulders, knees and toes,
Knees and toes.

Emotional and Mental well-being

Indoor Den



Can you make an indoor den with your little one? This is a fun activity that is great for your child's health, well-being and overall development. Dens can be made using simple household items including blankets, cushions, duvets, boxes and furniture. Once complete your little one will have their own little hide away to play and relax in!