

Ideas for the under 2's

Communication, Language and Literacy

The Very Hungry Caterpillar

Do you have the book or you can look on the internet to read the story together. Afterwards you could make an interactive board where they can lift up the flap and see what the caterpillar ate on that day.

All you need is some paper and pens, crayons. Lots of new language to explore!!



Maths

Counting

Have you got a box or a clear tube, container that you can make a slit in the top.

If you have playing cards you can use those, they can post them through the hole and you can count how many they are posting.

This is fun to repeat over and over again. Count as you place the items into the box with them, 1, 2, 3, 4, 5.



Also building on their hand-eye coordination skills.

Well done!!

Physical

Action Songs

Row, Row, Row Your Boat

Row, row, row your boat
Gently down the stream.
Merrily, merrily, merrily, merrily,
Life is but a dream.

Row, row, row your boat
Gently down the stream.
If you see a crocodile,
Don't for get to scream!



A lovely way to sing with your child is to use action songs.

Sit together and follow the actions to a variety of songs such as Row

your Boat, Teddy Bear Teddy bear touch the floor, Round and Round the garden, Horsey, Horsey don't you stop (sitting them gently on your leg and moving them up and down holding on to them)

All the time you have eye contact and facial expressions with them.

Lots of fun!!

Emotional and Mental well-being

Simple Signs to Songs



Children love to use their hands when singing.

A simple way to introduce a few simple signs is to add them in to a song. The more

you use them whilst singing with them, the more they will use the signs too on their own.

You could use the ones above to start with Old Mac Donald had a farm!!