

Ideas for the under 2's

Communication, Language and Literacy

Get Those Pots and Pans Out



Let the children explore your pots and pans and experiment with sounds. Give them things to bang with, wooden spoons, metal spoons. Let the music begin, you can talk to your child about the different sounds they make.

Maths

Number Songs and Rhymes



1,2,3,4,5, Once I Caught a Fish Alive.

5 Currant Buns.

Alice the Camel has 5 humps

5 fat sausages

Five Little Ducks.

Five Little Men in a Flying Saucer.

Five Little Monkeys.

Five Little Speckled Frogs.

(You can find these on YouTube for kids)

Physical

I'm forever Blowing Bubbles



Playing with bubbles outdoors will provide the children with the opportunity to practice physical skills such as chasing the bubbles, running, jumping, catching, stopping etc.

Bubbles is a favourite pastime for children, you can even make you own.

Emotional and Mental well-being

Sensory time



Tickling with feathers will allow your child to experience different sensations. Use it lightly to touch their feet, legs, tummy, arms, hands, neck and face.

Parent and child interactions a playful way to interact and engage with your child.

Laughing all the way....